College: SUL ROSS STATE UNIVERSITY  
Trip Dates: June 2-12 2020  
Faculty Lead: Dr. Chris Herrera, PhD, MBA / Jim Hector, Ed.D  
P: 432.837.8375 / E: christopher.herrera@sulross.edu  

Course Title - Global Perspectives – Recreation, Leisure and Sports Management

Trip Eligible for the following courses at Sul Ross State University:

- PE 2304 – Individual & Team Sports
- KES 2311 – Recreation and Leisure Services
- KES 2330 – Leisure & Outdoor Recreation
- PE 3305 – Motor Development
- PE 3307 - Kinesiology
- KES 4313 – Legal and Ethical Issues

*Others as assigned; contact Department of Kinesiology Chair, Dr. Chris Herrera, PhD, MBA

Lead Instructor (Ireland Campus)
Professor Niamh Hamill, Ph.D.  Institute of Study Abroad Ireland & Drew University NJ

Instructor Details:

Professor Niamh Hamill is the director and lecturer-in-residence at the Institute of Study Abroad Ireland, based in Donegal, Ireland. She has a B.Ed. and M.A. in American Studies from University College Dublin, and a Ph.D. in History and Culture from Drew University, New Jersey. She is Professor of Practice in Global Studies at Drew University, New Jersey. Niamh will be the primary instructor for U.S. Colleges & Universities. Guest lecturers will be invited to participate according to their expertise in specific fields of study.

Course Description:

The program offers students of recreation, sports and leisure the opportunity to experience a multi-disciplinary program in theory, practice and context of Irish sports, outdoor pursuits and leisure activities.

Course Objectives:

1. Recognize the major aspects of the “Irish Recreation Experience” and the historical, political, economic and social significance of sports and leisure in Ireland
2. Analyze the degree of interrelatedness and multicultural crossover between the cultures of Ireland and America, in sports and leisure pursuits
3. Experience workshops in sports and leisure theory and management
4. Participate in Irish sports (Gaelic football and hurling, surfing)
5. Communicate with a diverse group, bridging geographic, ideological and cultural differences
Course Learning Outcomes:

The program will take place on campus at the Institute of Study Abroad Ireland in Donegal, in the Republic of Ireland. Outdoor pursuits and sports will be conducted/facilitated by the Donegal Adventure Center and the Gaelic Athletic Association (GAA).

Student Learning Outcomes:

Classes are taught by faculty at Institute of Study Abroad Ireland, and expert guest lecturers. Guided field trips are led by faculty and expert guides. All outdoor and adventure activities are led by qualified instructors.

This is an interdisciplinary program, with several areas of learning experiences as follows;

1: The study abroad experience- travelling overseas: acquiring a passport, negotiating transatlantic travel, meeting peers from around the US, from Ireland and other European countries, residing in Derry (Northern Ireland) and Donegal (Republic of Ireland), and all that is a part of international travel.

2: Familiarisation with the evolution of Irish Culture pertaining to sports and recreation. Exposure to the local culture expands the context and delivers improvement in critical thinking skills, cross-cultural skills and perspectives, tolerance for ambiguity, and new perspectives on American sports and leisure.

3: Sustainability and Environmental responsibility is also a core theme of the program. Geography, climate, natural resources, and the economic and political governance of responsibility in these areas will be threaded through this program.

4: Personal development and self-esteem; cultural and outdoor activities, social engagement and group work enhance the students’ self-confidence, improve their social skills, encourage them to participate as team players rather than individuals, and expand their comfort zone in a context of balanced and supported challenges and support so as to enhance their ability to (inter)act in unfamiliar situations. They will form meaningful relationships and friendships with local people and other participants in the program.

4: An understanding of identity, ethnicity and culture. The ability to analyse the degree of interrelatedness and multicultural crossover between the cultures of Ireland and of other nations and states. - The ability to articulate the questions that underpin the experience of living in another culture. Students should be able to identify problematical issues in the concept of “Irishness” and to reflect and compare this notion with their own experiences. This in turn should encourage critical discussion and reflection about the differences between US, Irish and European cultures, and the collective relationship that individuals have with their own societies. In particular, the course will develop critical thinking about social justice, conflict resolution and civil rights

5. There is provision for structured and unstructured encounters with local people and customs in a variety of contexts. The service learning experience and other cultural opportunities for experiencing local work life will open up opportunities for exploring future professional direction.

Texts:

All lectures will be delivered by PowerPoints, which will be made available to the students on completion of the program. Faculty may request recommended reading lists before or after the program.
Instructional Methods:

Lectures and seminars are held on campus in a theatre-style classroom with AV. A classroom culture of collaboration, constructive debate and team spirit is expected. This course will include a range of outdoor pursuits, sports, training and instruction on leadership, child protection and duty of care.

Fees & Terms of Agreement

Our programs include all transfers from Dublin Airport, all tuition, field trips, admission charges, cultural and outdoor activities including equipment hire & wetsuits, breakfast daily, Evening meal daily. All accommodation (shared basis- private accommodation available with supplement), supervision, guides, use of all facilities at Atlantic Apartotel, one night at Dublin Hotel on shared basis

Not included-
Airfare, Travel Insurance (compulsory), any activity marked ‘optional’, beverages, gratuities, lunches.

Accommodation is provided in apartments with full cooking facilities; free Wi-Fi, TV, dining & kitchen area. The Atlantic Campus includes sauna, Jacuzzi and small pool that is free for use by students, a large lobby area, teaching area, breakfast room and Irish Pub (used for cultural activities.)

Vegan, Vegetarian and Gluten-free diets are accommodated.

Accommodation on campus is in two or three bed apartment with max two students per bedroom. Apartments have kitchen, dining areas, bedrooms, bathroom with shower, and Wi-Fi.
Dublin hotel rooms sleep 2 or 3 persons. Single room accommodation is offered subject to availability and will incur a supplement of $150 per night in Dublin and $400 for the Donegal duration of the trip.

This program is not suitable for participants who are younger than 18 years of age.

ISAI must be notified of any conditions – medical or personal – that may affect the personal safety and well-being of a student, and of the group as a whole. ISAI are keen to make the program as accessible as possible, and will always aim to accommodate all applicants irrespective of age, disability, orientation, etc. It should be noted that there is a considerable amount of walking on field trips etc., and not all facilities are wheelchair accessible. We recommend that students be advised that they should be able to walk moderate distances comfortably.

To make our programs as accessible and affordable as possible, ISAI will run programs with 2 or more colleges collaborating and sharing classes and field trips. This has been a highly positive experience for all of our partner colleges, and we recommend it. If you wish an exclusive program with no other U.S. students or faculty involved, you must inform us in writing, and be aware that it will affect the cost considerably, unless your enrolment is significant (35+ students).
## PROGRAM TIMETABLE  PROVISIONAL

| JUNE 2 | Tuesday | Arrive Dublin Airport Transfer to Donegal | Stop at Lough Crew Cairns for hike & light lunch | Depart USA |
| JUNE 3 | Wednesday | Pre-breakfast beach run Lecture- Introduction to history & culture of Ireland | Field Trip to Donegal Castle & Historical Sites | High Ropes Rappelling & Abseil Activity |
| JUNE 4 | Thursday | Pre-breakfast beach yoga Lecture- The Gaelic Athletic Association and Ireland | Workshop/ Practical Gaelic Football and Hurling | Cliffs Jump Activity |
| JUNE 5 | Friday | A history of Surfing in Ireland | Surfing Activity | ‘Wave Riders’ – Surfing in Ireland (Movie) |
| JUNE 6 | Saturday | Attend GAA Game | Attend GAA Game | Free Evening |
| JUNE 7 | Sunday | Lecture -Tourism and Sports / Leisure | Workshop at Donegal Adventure Center- Leadership and Management in leading activities; Child Protection, Risk Assessment, Duty of Care | Kayak Session |
| JUNE 8 | Monday | Lecture – the Politics of Sports ( Education, Conflict resolution & Sustainability) | Field Trip to Derry City (Northern Ireland) | Field Trip to Derry City (Northern Ireland) |
| JUNE 9 | Tuesday | Golf in Ireland- visit to local Golf Course for lecture | Optional – round of golf/ Horse Riding/ | Nightline Challenge with Donegal Adventure Center |
| JUNE 10 | Wednesday | Depart Donegal | Tour of Croke Park – HQ GAA | Free Evening Dublin |
| JUNE 11 | Thursday | | | |
| JUNE 12 | Friday | Depart Dublin | | |

### Anticipated Pricing – Maximum $3400/student as a ‘FIELD STUDY FEE’

**ISAI Fee – $1800.** Programs include all transfers from Dublin Airport, all tuition, field trips, admission charges, cultural and outdoor activities including equipment hire & wetsuits, breakfast daily, Evening meal daily. All accommodation (shared basis- private accommodation available with supplement), supervision, guides, use of all facilities at Atlantic Apartotel, one night at Dublin Hotel on shared basis

**Airfare - $1200 (maximum; hopefully $900-1000).** We will fly from El Paso to Dublin, or Austin to Dublin. Departure is June 2, 2020 and return is June 12, 2020. Aer Lingus will be our preferred trans-Atlantic airline.

**Hotel + Mileage - $200 (pre- or post-flight).** We may need to stay a night in Austin before or after the trip due to driving time to/from Alpine.

**International office fee - $200.** This fee will support the operations of the international office in terms of planning and logistics for faculty and staff.